

Survival of the Prepped



Prepare Today, Survive Tomorrow

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EDC List – Everyday Carry Kit

Your EDC or everyday carry kit should be small and compact. A small pack provides a convenient way to carry your EDC supplies. This kit is an emergency survival kit that you can keep with you at all times. If you're out shopping, taking in a ballgame, or at the movies, you won't have access to your home supplies, bug out bag or vehicle emergency kit. Your EDC gives you the very basics that will help you survive in a disaster. Remember, the idea is to keep it limited, so you're not tempted to leave it at home or in your car.

Basics for EDC:

- Water bottle, [emergency water pouches](#) and/or a [Lifestraw](#)
- Energy bar
- 2 sticks of gum
- Cell phone & charger or extra battery
- Emergency contact numbers
- Cash (small bills and coins)
- Small compass
- [Swiss Army knife](#) and/or [Leatherman](#)
- Emergency [fishing kit](#)
- Whistle
- Waterproof matches/[fire starter](#)/lighter
- Fire tinder
- Emergency candle
- Rain poncho
- Small roll of duct tape (wrap duct tape around a small piece of cardboard)

- ❑ 2 zip ties
- ❑ [N95 face mask](#)
- ❑ Aluminum foil (fold a 24" square of foil into a small square)
- ❑ Ziploc bag
- ❑ Safety pins
- ❑ Paper clips
- ❑ Rubber bands
- ❑ [Tactical pen](#)
- ❑ Sheet of paper or small notebook
- ❑ Assorted bandages
- ❑ OTC pain reliever
- ❑ Alcohol swabs
- ❑ 4 Q-tips
- ❑ Antibiotic ointment
- ❑ Tweezers
- ❑ Emergency Mylar blanket
- ❑ Compact flashlight
- ❑ Paracord/rope
- ❑ Razor blade